

Nutrition Facts

Serving Size (100g)
Servings Per Container

Amount Per Serving

Calories 160 **Calories from Fat 45**

% Daily Value*

Total Fat 5g	8%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 95mg	4%
Total Carbohydrate 24g	8%
Dietary Fiber 0g	0%
Sugars 19g	

Protein 6g

Vitamin A 8% • **Vitamin C 2%**
Calcium 20% • **Iron 0%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Honey Greek Style Yogurt Froze Mix

2/20/2013

INGREDIENTS: Half & Half Blend, Water, Nonfat Milk Solids, Sucrose, Corn Syrup, Whey Protein, Honey Powder (Cane Sugar, Invert Sugar, Honey), Propylene Glycol Monoester, Mono & Diglycerides, Food Starch, Guar Gum, Cellulose Gum, Polysorbate 80, Carrageenan, Cultured with *L. bulgaricus*, *S. thermophilus*, and *L. acidophilus*